

Vision
To instill in our students a commitment to God's purpose in their lives and to equip them to impact their world for Christ.

Mission
To provide our students and their families with a Christ-centered, Biblically based, academically excellent education in a manner that glorifies God.



The Lion's Roar

Vol. 5, No. 3
October 20, 2009

**North Sound Christian
Jr./Sr. High School**
Mountlake Terrace Campus
Ministry of Cedar Park Christian Schools

23607 - 54th Avenue West
Mountlake Terrace, WA 98043
Phone 425 774-7773
Fax 425 774-3218
Emergency Info line 425 953-4809

www.cpcschoools.com/mlt

School Hours

Monday - Friday
8:00 am - 2:39 pm

Early Dismissal
8:00 am - 11:15 am

~ **CONNECT** ~ **ENGAGE** ~ **UNITE** ~

Make every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit—just as you were called to one hope when you were called. — Ephesians 4: 3-4

Fall Conferences

Conferences this year will occur Nov. 19 – 24 in the afternoon, with an early dismissal at 11:15 a.m. This is a very valuable time for parents to connect with teachers and all families are encouraged to participate. We will have three formats to choose from. You will be able to choose from a time where teachers are available and you can walk around and chat with your child's teacher. We will also offer an individual time with a teacher, or a group time with many of your child's teacher. Be watching for a separate email concerning Conference sign up times.



Poinsettia Sale

On Tuesday, we sent home information about our annual Poinsettia Sale. This is a major fundraising program that directly benefits our classrooms. Please help your child determine who might be interested in helping out our school in purchasing plants, including individuals, business or church contacts. We are also looking for parents to help distribute the plants to our students when they arrive at campus. Please contact Ann Thorsteinson by email at ann@thorsteinsons.com or call (425) 742-3761, if you are available to help!

Senior Parent Meeting

There will be a Senior Parent Meeting, Monday October 26th at 6:30 in room 17. Parents are strongly encouraged to attend this very informative meeting. We will be discussing senior events that will lead into graduation. A representative from Josten's will be on site to answer any questions you might have regarding senior memorabilia.

Student Store

Our student store is active and available to students daily. Before school, during lunch and right after school students have the opportunity to purchase snacks: fruit & cheese, Lunchables, sports drinks, water, muffins, chips, cookies & crackers. We also have notes books, filler paper, glue sticks and pens for those days when you suddenly remember you left all that stuff at home.



2010 Entertainment Book

The 2010 Entertainment Books are now here and available for purchase at North Sound for \$20. All profits from the sale of these books, benefit the teachers directly. The Entertainment books can be used **immediately** and goes through Nov. 2010. This book will easily pay for itself many times over, if you use it. Shop at Safeway regularly? There are 4 coupons for \$5 off a \$50 order, and that will pay for the book itself. This book has over \$19,000 in savings including \$15 off of delivered flowers which can be used multiple times, and 2 for 1 price meals. Register your Entertainment Book online and some businesses will let you print more copies of their Entertainment Book coupon. Entertainment books will be available here at North Sound through **December 2009**. The **Snohomish County** Entertainment books can be ordered online, via the school district webpage.

Save The Date

Upcoming Events Happening at the Jr. / Sr. High

- Nov 4 Picture Retake Day
- Nov 5 Field Trip to Fred Hutchinson Research Center
- Nov 6 Early Dismissal ~ First Qtr Grading Day
- Nov 11 Veteran's Day ~ No School
- Nov 19 – 24 Early Dismissal for Parent / Teacher Conferences
- Nov 25 Early Dismissal for Thanksgiving
- Nov 26 Closed for Thanksgiving
- Nov 27 Closed for Thanksgiving Break
- Dec 17 Christmas Concert
- Dec 21 - Jan 4 Christmas Break ~ No School

NSCS Auction

The auction committee is busy getting initial plans made for this year's event, "The Fabulous Fifties". March 6, 2010 is the date, so make plans to be there. This year we are offering a sponsorship opportunity for your favorite teacher or staff member. We are still working out the details for that. Procurement forms are still in the production phase, but they will be available as soon as possible. We'd love your help and/or your input. Please email your thoughts to the committee chair at: nscsauction@Laseritnow.com.

The next meeting date is at 7:00 on November 2nd, in room 5 at the Mountlake Terrace campus at.

Now Available - SCRIP

We offer the Scrip here at NSCS! This program allows you to purchase gift cards at face value and then the vendor donates a certain percentage (varies by business) back directly to the school. Imagine the blessing you can have to North Sound Christian if 7% of your monthly Starbucks, 2% of your monthly gasoline and 4% of your monthly grocery expenses all went back to the school? Additionally, the program has a Tuition Assistance Program form for you to complete where each family that meets the minimum requirements can actually earn back a tuition credit based on the money donated back to the school from their scrip purchases.

Please pick up your forms to fill out in the front office .

LOST AND FOUND

We have a sleeping bag, many clothing items and a variety of water bottles in our yellow lost and found bins. Please have your student check these bins before they are emptied and the items given away to a donation center.

ASB Cards

ASB cards are for on sale now in the front office. Sr High School cards are \$25 and Jr High cards are \$15.

Discounts include-

- Homecoming (HS)
- Gold Card (used during Homecoming HS)
- Spring Event (HS)
- Free admit to sports games on our campus
- Yearbook, save \$5
- JSB (HS)
- Parking Permit, \$10 fee waived (HS)
- Random Prize Drawings

Cards must be purchased by athletes, ASB Officers and Class Board members. The income generated from the purchase of ASB cards will be used for student activities.

Visit our newly renovated website at www.cpcsschools.com/mlt for up to date sport schedules, individual teacher web pages, parent forms, and other important information!

Lunch program

We have an ala carte' hot lunch menu this year.

We offer:

Baked potatoes, Pizza, Sub Sandwich, Green Salad, Chicken strips, Hot Pocket Sandwiches

Ramen Cup of Noodles, Muffins and Milk

At this time we can only accept checks and cash. Parents may send in a prepayment to the office for their child to use on lunch items. Sorry, credit is not extended.

Microwaves are available to students for lunches brought from home, as well as snack, water and pop machines.



STUDENTS AND LOCKERS

Some students still do not have locks on their lockers; some people have given their combinations to other students. Please emphasize to your child the importance of keeping their lockers secure. Sad as it is we do occasionally have issues of missing I Pods, phones etc. Any locker without a combination lock on it can/will get locked with a school lock and will be inaccessible to the student until they bring their own lock in.



Varsity Volleyball All Opponent First Team

Congratulations to the Northwest B League Volleyball All Opponents team members from North Sound Christian. These players were voted on by all the opposing team's coaches. Those voted for First Team honors include Tori Speck, Maylisa Chung, Chantelle Meeks and Catherine Oakland. Tori Speck was also named the League MVP.

Boys Varsity Soccer

Honor – Intensity – Teammates - Fun ... four words that guide our team. Honor God; Intensity – give it your best; Make your teammates look good; and have fun. This year's team is developing their potential and is fun to watch on the pitch. Check this link for games details for our playoff run: http://www.cpcsschools.com/mlt/teachers/Perry_Travis/

Boys Varsity Soccer All League Team

Congratulations to the Northwest B League Boy's Soccer All League Team members from North Sound Christian. They were voted on by all opposing team's coaches. First Team members include Jason Eno, Tae Hong Kim and Sang Kim. Honorable mentions go to Tyler Mackie and Jon Dressler! Our own coach Perry Travis was also named coach of the year!

Meningococcal Vaccines

Dear Parents/Guardians:

As of July 1, 2005 all Washington State schools are required to provide meningococcal information to families with students entering sixth grade and above.

According to the Washington State Department of Health, meningococcal disease, commonly known as meningococcal meningitis, strikes up to 3,000 adolescents and adults in the U.S. each year. Adolescents and young adults have an increased rate of contracting meningococcal disease compared to the general population, accounting for nearly 30 percent of all U.S. cases annually. According to one study, as many as one out of every four adolescents infected with the disease may die. Of those who survive, up to 20 percent suffer long-term disabilities, including brain damage, hearing loss, kidney disease and limb amputations.

The Department of Health wants you to be aware of meningococcal meningitis and the availability of a vaccine to protect against the disease. Vaccination can help protect against up to 83 percent of the meningococcal disease cases occurring among adolescents and young adults. Vaccination is not required for school attendance.

We encourage you to learn more about meningococcal meningitis and prevention and speak to your child's physician about immunization. In addition, we urge you to speak to your children about good hygiene and not sharing personal items that may help transmit the disease.

There is additional information available on the following web sites:

- Washington State Department of Health Immunization Program:
Meningococcal disease information:
<http://www.doh.wa.gov/cfh/Immunize/meningococcal.htm>
- Centers for Disease Control and Prevention:
Meningococcal vaccine information:
<http://www.cdc.gov/nip/publications/vis/vis-mening.pdf>
Disease Information:
http://www.cdc.gov/ncidod/dmbd/diseaseinfo/meningococcal_g.htm

Sincerely,
Jody Speck
Registrar

As of the summer of 2007 all Washington State schools are **required by law** to inform you about the availability of information on HPV disease (RCW 28A.210.080).

General information on Human Papillomavirus (HPV) infection, cervical cancer, and the HPV vaccine is available on the Washington State Department of Health website at:

www.doh.wa.gov/cfh.immunize.schools.htm

A fact sheet with more detailed information on HPV disease and the vaccine is also available from the Department of Health at:

www.doh.wa.gov/cfh/Immunize/documents/hpvvaccinefactsheet.pdf

For more information on HPV, the Vaccine, and Cervical Cancer:

Centers for Disease Control & Prevention

www.cdc.gov/std/hpv

Washington State Department of Health

www.doh.wa.gov/cfh/immunize/documents/hpvvaccinefactsheet.pdf

American Social Health Association

www.ashastd.org

American Cancer Society

www.cancer.org